

St. Joseph's Cardiac Hybrid Suite



An update for our generous donors

Dear Donor,

Thanks to generous donors like you, St. Joseph's Medical Center is now home to an advanced Cardiac Hybrid Suite, the new gold standard in cardiac medicine. The Cardiac Hybrid Suite transforms from a cardiac catheterization lab into a revolutionary operating room designed for open heart surgeries and advanced cardiac procedures such as TAVR, a Transcatheter Aortic Valve Replacement. The Hybrid Suite improves clinical efficiency, offers less invasive procedures for our patients, allowing them to recover more quickly and return to living full, active lives. More than half of the funding for this \$5.2 million project was generated by community philanthropy and we are grateful for every gift that helped to bring the best care to our community.



Images courtesy of Nacht & Lewis



We invite you to visit our website StJosephsCares.org/CardiacHybridSuite where you can take a virtual tour of the Cardiac Hybrid Suite, view videos of a TAVR procedure and view a full list of the generous donors who helped to bring this important project to fruition.

Sincerely,

Richard Waters, MD, Inteventional Cardiologist

St. Joseph's Foundation Board Member

St. Joseph's Receives Healthgrades Top 50 Award for Vascular Surgery & Patient Safety Excellence Award



For the third consecutive year, Healthgrades has named St. Joseph's Medical Center one of **America's 50 Best Hospitals for Vascular Surgery™**. This award recognizes hospitals for superior outcomes in abdominal aortic aneurysm repair, carotid surgery, and peripheral vascular bypass surgery.



Additionally, St. Joseph's also received the **Patient Safety Excellence Award™** from Healthgrades, which recognizes hospitals for how well they prevent infections, medical errors, and other complications based on 14 serious, potentially preventable adverse events.



**St. Joseph's Foundation
of San Joaquin.**
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StJosephsCares.org/Foundation
209.467.6347



The Heart of a Champion

When it comes to finishing in first place, Jim Christensen is well-versed. Not many can

say that they've pitched a perfect game for the Stockton Ports, or hit a hole-in-one to win a golf tournament. Jim's list of first place finishes seems endless - waterskiing, boxing, racing, dancing - you name it and he's won it.

True to form, Jim, who's grown quite accustomed to coming in first place, was the first patient to undergo a new treatment option for patients with severe valve disease called Transcatheter Aortic Valve Replacement (TAVR), here at St. Joseph's Medical Center.

"I couldn't walk across a room before having to stop and catch my breath," explained Jim. He was suffering from severe aortic valve stenosis, which is a narrowing of his heart's aortic valve opening.

Severe aortic stenosis is life threatening, and treatment for this condition is critical. Because of Jim's age and condition, traditional open heart surgery to fix his valve was considered too high risk.

"My doctor called and told me about this new procedure that would fix my heart," said Jim.

For people who have been diagnosed with severe aortic stenosis and are at an intermediate or greater risk for open heart surgery, TAVR may be an alternative. This less invasive procedure uses a catheter to insert a new valve within the native diseased aortic valve, via a small incision in the leg.

"We are so lucky and thankful that this procedure was available for him," said his wife Frances.

Jim had the TAVR procedure performed in the new Cardiac Hybrid Suite which opened in summer 2016 at St. Joseph's. The project to build the suite was largely funded by generous community donations.

After a short stay in the hospital, Jim was discharged and "ready to do the twist."

St. Joseph's Advanced Heart Valve Clinic



The Heart and Vascular Institute at St. Joseph's Medical Center is proud to now offer a Valve Clinic, featuring a multidisciplinary team dedicated to treating patients with various stages of heart disease, from advanced procedures including Transcatheter Aortic Valve Replacement (TAVR), to disease management.

For more information about St. Joseph's Heart & Vascular Institute, please contact our Valve Clinic Coordinator by calling **209.467.6540**.

Excellence in Cardiac Care

St. Joseph's Heart & Vascular Institute offers a full range of services to care for your heart, including emergency heart attack treatment, cardiac and vascular diagnostics and testing, surgery, and cardiac rehabilitation.

To learn more about our services call our Heart Patient Navigator at **209.467.6540**, or visit **StJosephsCares.org/heart**.



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