



**St. Joseph's Foundation
of San Joaquin.**
A Dignity Health Member

You created a healthier community.

2020-2021 Annual Impact Report



HOPE Class of 2021

St. Joseph's Foundation of San Joaquin is a nonprofit 501(c)(3) organization whose purpose is to raise and administer philanthropic funds to support the needs of St. Joseph's Medical Center and St. Joseph's Behavioral Health Center.

Together with our Board of Directors, physicians, grateful patients, and other community leaders, the Foundation works to encourage public interest and support of St. Joseph's and our many worthy programs, services, and outreach activities consistent with our values and goals.

Our Mission

As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

Our Vision

A healthier future for all, inspired by faith, driven by innovation and powered by our humanity.

2020-2021 Board of Directors

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President & CEO
St. Joseph's Medical
Center

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Business Development
Daugherty Insurance
Services

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Representative
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Heffernan Home Care

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San Joaquin Magazine

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A message from our leadership



Donald J. Wiley
President & CEO
St. Joseph's Medical Center

At the beginning of the year, we anticipated returning to hosting hospital tours, inviting community members to meet our new physicians and learn more about the impact their support has had on our ability to provide quality and compassionate care to our patients. Unfortunately, the pandemic continued to threaten our community. While our dedicated and heroic hospital staff provided compassionate and quality care to our patients, we at the Foundation continued our work to support their efforts.

Generosity fueled our efforts helping to raise more than \$7 million through philanthropy. Those gifts were critical to ensuring St. Joseph's can continue to serve the vulnerable and build healthy communities. There is an act of kindness behind every one of those dollars that we wish to honor in this annual report. In the following pages, you'll find stories and statistics to show why this support is needed and how these vital funds are making a difference for our patients, their families, and our community.

We are proud of the ongoing advancements of programs and services at St. Joseph's, and we are filled with gratitude for your support. We hope you and your loved ones are safe, and we look forward to celebrating the wonderful accomplishments we have made together in-person soon.



Julie Kay Eckardt-Cantrall
VP & Chief Philanthropy Officer
St. Joseph's Foundation



2021 Quality Improvement Award

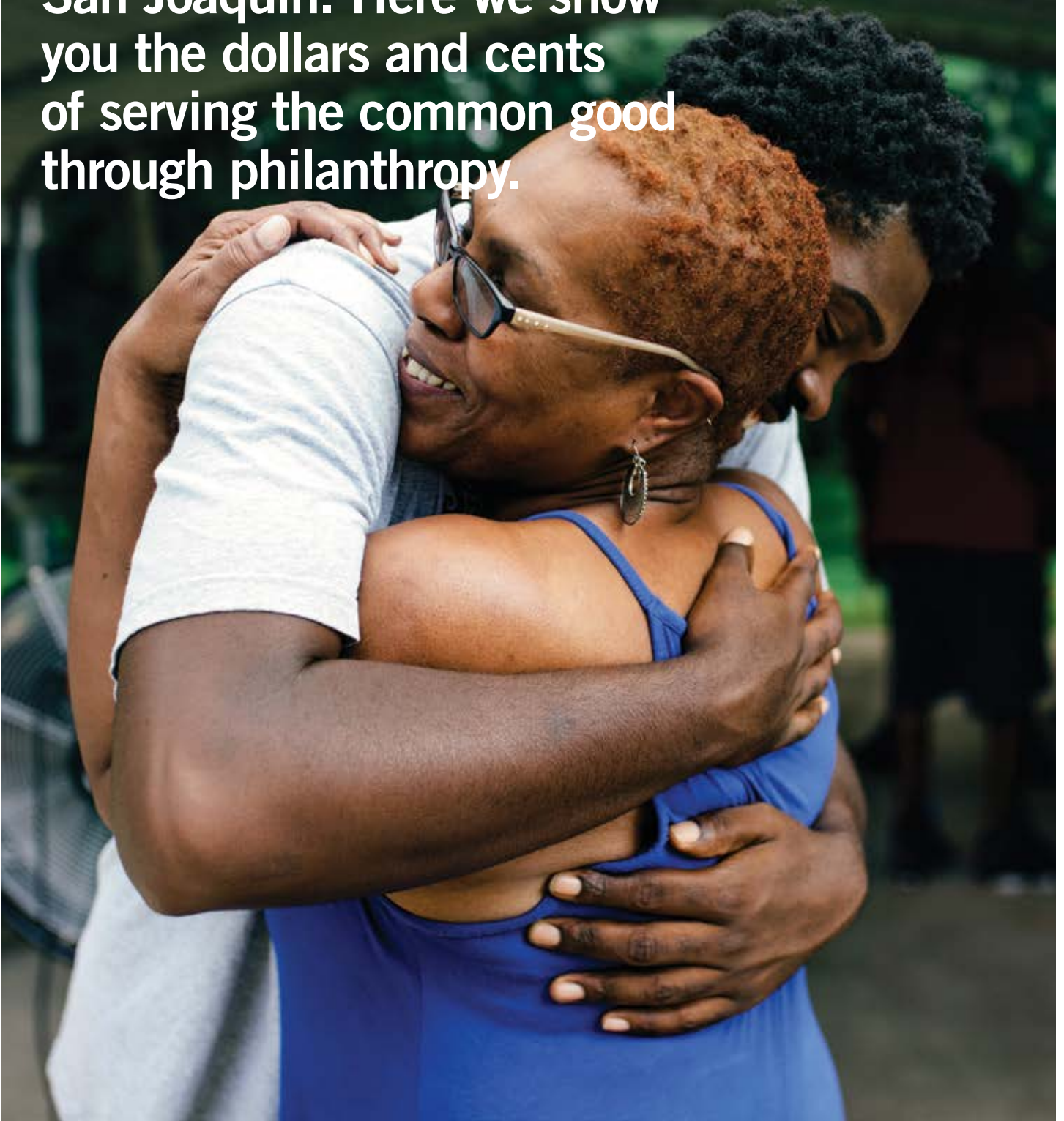
St. Joseph's Foundation of San Joaquin won the award at the CommonSpirit Health's Philanthropy Education Summit earlier this year.



2020 Leapfrog Hospital Safety Grade

St. Joseph's was nationally recognized with an 'A' for the Spring 2020 Leapfrog Hospital Safety Grade.

**There is a story of kindness
behind every dollar donated to
St. Joseph's Foundation of
San Joaquin. Here we show
you the dollars and cents
of serving the common good
through philanthropy.**



Giving by the numbers

Total dollars raised

This year, our donors came together to realize the power of generosity and gratitude in our community. The results have been inspiring.



\$7,362,000	2020-21
\$3,472,000	2019-20
\$2,358,000	2018-19
\$2,088,000	2017-18
\$1,538,000	2016-17

Transfers to hospital

Transfers made by the St. Joseph's Foundation to the Medical Center show collaboration as monies are transferred only after the obligations of donor intent has been met.

Many of our grants are structured in such a way that funds go directly to the hospital, and are not represented in these numbers.



\$2,694,000	2020-21
\$3,020,000	2019-20
\$1,845,000	2018-19
\$2,122,000	2017-18
\$5,425,000	2016-17

Total donors

Donors bolster innovation, bring together our community, and serve the vulnerable. Together we accomplish what none of us could do alone.



1,715	2020-21
2,064	2019-20
2,030	2018-19
1,907	2017-18
2,135	2016-17

St. Joseph's by the numbers

Hospital

122
years serving the
community

20,000
patient
admissions

94,000
Emergency
Department visits

5,800
surgeries
performed

5,000
cardiac
procedures

3,400
babies
delivered

Community Benefit

\$58.6 million
in community benefit, including charity
care, financial assistance programs,
community health improvement services

\$7 million
invested in expanding the healthcare
workforce through the Graduate Medical
Education Program

\$325,000 awarded
in healthcare scholarships to
274 students since 2005

Our People

2,700
employees

62
Physician Residents

700
physicians

12
local non-profit organizations benefited
by annual grant awards addressing
community health needs

Volunteers

207
Volunteers



Foundation











\$7,362,000
total amount raised

\$2,694,000
transferred to Medical Center

1,715
donors

Your support at work

In fiscal year 2021, these are the top ten areas that were funded through donations made to the foundation. 100% of donations raised by St. Joseph's Foundation of San Joaquin stay local and go directly to support the needs of the Medical Center.

<p>Emergency Response</p>  <p>\$3.35M</p>	<p>Graduate Medical Education</p>  <p>\$1.24M</p>	<p>Unrestricted</p>  <p>\$467,225</p>	<p>Cancer/Oncology</p>  <p>\$303,393</p>
<p>Care for the Poor</p>  <p>\$203,260</p>	<p>Women and Children</p>  <p>\$160,954</p>	<p>Community Health</p>  <p>\$127,559</p>	<p>SPIRIT Club</p>  <p>\$70,859</p>
<p>General Education</p>  <p>\$23,989</p>	<p>Behavioral Health</p>  <p>\$20,060</p>	<p>Together we heal.</p>	

Your kindness in action



(Photo taken prior to the pandemic)

Helping our people elevate

After years of facing barriers to pursuing a career in nursing, these 12 incumbent healthcare workers have graduated as our first cohort of HOPE Program nursing students.

The HOPE Program, which stands for Helping Our People Elevate, was developed locally to help address our community's nursing shortage. Two pathways were created; a bridge program for 10th graders at SUSJ's Health Careers Academy, where students hold dual enrollment at San Joaquin Delta College to complete their nursing prerequisites. A second pathway was created specifically for hospital workers interested in a career in nursing.

At St. Joseph's Medical Center, 10 of our well established employees graduated from the first HOPE cohort, where they attended San Joaquin

Delta College's Associate Degree in Nursing (ADN) program. One employee from St. Joseph's Behavioral Health Center and one from San Joaquin General Hospital also graduated in the initial cohort. All of these employees had completed the prerequisites for admission into nursing school, but faced significant challenges getting admitted into a local nursing program, despite having met the necessary requirements.

Many of our HOPE Program graduates were recipients of health care scholarships, funded by generous community donors, including The Mended Hearts, Inc. Big Valley Chapter 40, members of St. Joseph's Nurses Society, and donations to the Quitasol & Sison Memorial Fund. Contact us to learn how you can help support the caregivers of tomorrow.

"Building up the next generation of nurses in our community is close to my heart, which is what inspired me to name this program HOPE. The HOPE Program truly is what its name stands for, an opportunity for us to elevate our own dedicated and gifted employees, as well as our community's youth. We are tapping into the great potential already within our walls."

—Anitra Williams, DNP, Director of Nursing Operations at St. Joseph's Medical Center

Meet a few of the graduates

Shante Stephens



"I have worked here at St. Joseph's for a little over 10 years now. I began my journey in Medical Records but eventually transferred into a clerical role within Radiology. This program has provided me with the opportunity to have a rewarding and forever giving career. My life will forever be changed thanks to the HOPE Program."

Shazia Begum



"I have been employed at St. Joseph's for 16 years as a Float Pool Secretary and Staffing Tech. This program has helped me gain the confidence, knowledge, skills and expertise to advocate for my community during their weakest, and most vulnerable points in their lives."

Justine Ramirez



"I have been with St. Joseph's for 11 years. I began as a Support Clerk in the Lab, and then had the opportunity to work as a Room Support in the O.R. I have spent the last 5 years working as an Emergency Room Secretary. Because of this program, I was not only able to fulfill my dream of becoming a nurse, but I will have a career where I can support my growing family. I look forward to serving others and continuing my career at St. Joseph's."

Brandy Howard-Ross



"I have worked at St. Joseph's for 4.5 years as a Clinical Tech in Surgery and then a student nurse in Float Pool. Because of this program I will be able to pursue my dream of working in critical care and continuing my education through graduate school."



Homegrown solution for physician shortage

In 2018, St. Joseph's launched a Graduate Medical Education program to help train and retain physicians in our community and to maintain and expand services we offer to our community. Our recruitment of residents is geared to attract physicians from California. It's our pleasure to introduce you to one of our homegrown physician residents, Dr. Onkar Mudhar.

Dr. Onkar Mudhar is a Internal Medicine Resident who is native to the Central Valley. Upon entering undergrad, Dr. Mudhar's family faced significant financial setbacks and his persistence led to being awarded a full scholarship. He completed Medical School at St. George's University in Grenada and returned home to Stockton to complete his residency at St. Joseph's. Having family close by has been so important to him. "Their support means everything," Dr. Mudhar admitted. "Viewing this community as a frontline physician is so different compared to what I saw growing up here. This community needs us."

Dr. Mudhar believes that motivating and inspiring young students to follow their passion is a guaranteed route for success. "As Residents, we are both learners and teachers. We can create a better environment for the medical students and our patients." He has been a keynote speaker on strengthening college applications, financial aid, and information regarding undergrad and medical school at various local high schools since 2011. His passion for this community seems to shine through in everything he does. "Connecting people with reason is a big motivator for me to give back resources and education to the community."

Dr. Mudhar also works with Flying Doctors of America, a physician based team in Jordan providing free healthcare to Syrian refugees. Dr. Mudhar's expected residency graduation date is June 2023.



(Photo taken prior to the pandemic)

St. Joseph's SPIRIT Club

From shoes for needy children, to blankets for the homeless, and food for the hungry, the SPIRIT Club does amazing things at St. Joseph's and in the community.

SPIRIT Club, an employee-led organization, stands for Special People Involved Reaching into Tomorrow. SPIRIT Club began with a small group of employees in 1985. Today, nearly 1,000 St. Joseph's employees are involved through donations and volunteerism. Because there is no overhead or operating expenses, every donated dollar goes to help others in need.

Among its many great programs and initiatives, the Patti Guiliani Special Fund stands out as an area of impact. Named in honor of an employee who exemplified selfless giving, the Patti Guiliani Fund helps individuals who are facing a crisis related to an urgent medical need, such as food, clothing, help paying for a cremation, burial, or gift cards to offset the cost of utilities. Due to the urgency of these situations, applications are acted on within 48 hours.

Requests for assistance are sponsored by SPIRIT Club members. Applicant information is kept confidential, keeping dignity a top priority.

Thanks to the generosity of SPIRIT Club members, the Patti Guiliani Special Fund donated \$110,308 in the past five years, providing support to more than 220 patients and employees with urgent needs.

Learn more at StJosephsCares.org/SPIRIT



St. Joseph's is a vital lifeline for children who need specialized medical care in our community

While other hospitals in the county are reducing their services to children and closing their pediatric units, St. Joseph's is doing the exact opposite. Through our Humankindness for Kids initiative, we are committed to enhancing and expanding pediatric care in San Joaquin County.

We recently expanded our pediatrics services to include 24/7 on-site pediatric hospitalist and neonatologist coverage. Over the next five years, we are planning for a complete renovation of our Pediatric Unit, and state-of-the-art equipment to serve medically fragile infants in our Neonatal Intensive Care Unit (NICU).

"St. Joseph's Medical Center maintains its longstanding



commitment to the community to improve children's health by providing high-quality, family-centered pediatric services and advancing those efforts through education and evidence based medicine," said Cristina Funghi, MD, Pediatric Hospitalist. "St. Joseph's provides excellent care to high-risk mothers, premature infants, and children. The need for our services is growing at a rapid pace."



The next best thing to being there

Childbirth is an emotional event for parents and families, particularly when a newborn's first few critical days, weeks or even months are spent in the neonatal intensive care unit (NICU). Thanks to generous supporters, St. Joseph's NICU will soon have fourteen 24/7 video streaming cameras to help families feel more involved right from the start.

The addition of the innovative NicView camera system allows families to bond with their babies and connect to their care team when they cannot be at the hospital. The NicView camera system also plays a key role for mother-infant bonding, and is critical to helping alleviate maternal stress levels, which impacts breastfeeding and postpartum depression rates.

humankindness for kids



Take a picture
with your phone
and follow the link
to learn more and
view these
impactful videos.



Gratitude Story - The Ledbetter Family

Touched by their experience at St. Joseph's and the care their son received when he was born nine weeks early, the Ledbetter family has transformed their gratitude into giving.

Humankindness for Kids Virtual Tour

Take a behind the scenes peek at the impact of philanthropy on our pediatric units, from our Level 3 Neonatal Intensive Care Unit (NICU) to the only inpatient Pediatrics Unit in San Joaquin County.

Grants continue to provide support to the most vulnerable patients in the ER

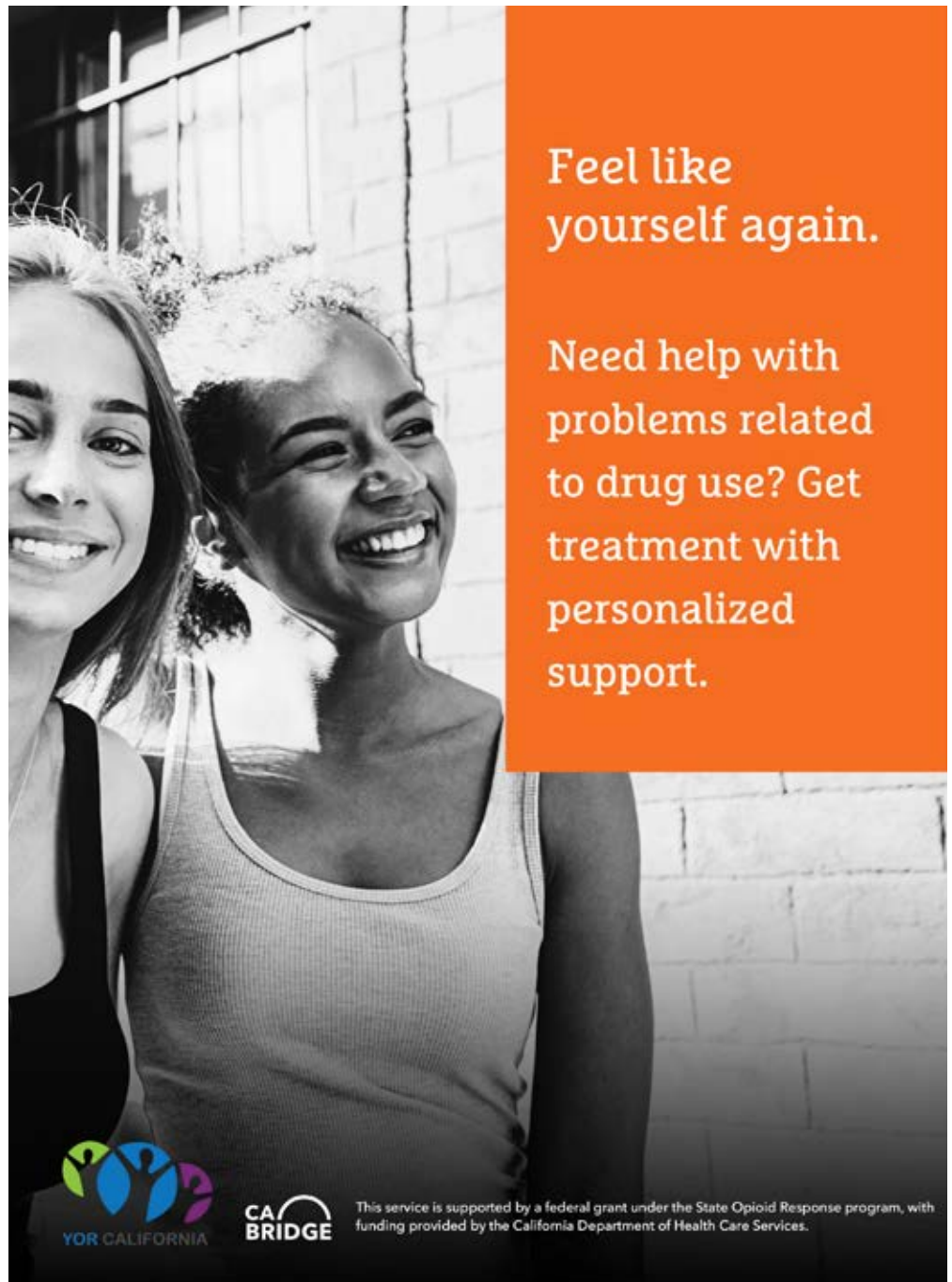
Addressing the local opioid epidemic

Every day, more than 128 people in the United States die after overdosing on opioids. The misuse of and addiction to opioids - including prescription pain relievers, heroin, and synthetic opioids such as fentanyl - is a serious national crisis. In California there were over 2,400 opioid overdose deaths in 2018, a 5% increase from the prior year, including over 780 deaths from fentanyl, a 72% increase.

Often, patients with opioid use disorder are hospitalized or visit the emergency department due to complications of the condition without also receiving treatment for the underlying disease of opioid addiction.



This is a missed opportunity and leaves patients untreated and at high risk of future overdose.

Working with a statewide coalition on a shared goal of reducing opioid addiction and deaths, in 2019, St. Joseph's began proactively addressing the local opioid crisis. Grant funding from partners like CA Bridge, a program of the Public Health Institute, the State of California Health Department and the Sierra Health Foundation have allowed St. Joseph's to implement a Medication Assisted Treatment program and hire substance use navigators dedicated to this program (additional staff will be



Feel like yourself again.

Need help with problems related to drug use? Get treatment with personalized support.

  This service is supported by a federal grant under the State Opioid Response program, with funding provided by the California Department of Health Care Services.

hired in FY22 due to funding from the Sierra Health Foundation).

These staff members are key to getting the medication assistance the patients need in the emergency department as well as linking them to St. Joseph's Behavioral Health Center's outpatient clinic, and other community resources they need. Patients who present with a history of opioid use disorder in the emergency department can

also quickly receive medical intervention, which dramatically increases their ability to successfully overcome their addiction.

Noted for its well documented success, St. Joseph's joined 52 hospitals across California on the 2020 Opioid Care Honor Roll, a testament of its commitment to reducing deaths from addiction and offering patients a comprehensive approach to health and wellness.

FOCUS project expanded to include Syphilis screening

St. Joseph's has expanded its FOCUS project (Frontlines of Communities in the United States) to include a syphilis screening. The grant-funded project was initially designed in 2019 to integrate HIV and Hepatitis C testing services via an opt-out approach within St. Joseph's Emergency Room (ER). Going into the FOCUS project's third year, state public health officials urged St. Joseph's leadership to add the syphilis screening to prevent further spread of the disease, and stop disease progression.



Tashema Woods-Roberts, FOCUS Patient Navigator

Syphilis is a sexually transmitted disease that often goes undiagnosed, and can be spread to others without knowing it. Not treated, syphilis can lead to serious health problems. Pregnant women can pass syphilis onto their babies even if they don't know they are infected; this can cause stillbirths, birth defects, and long-term disabilities in babies. Most cases of congenital syphilis are in babies whose mothers receive little or no prenatal care; this stresses the importance of screening patients who may only be receiving care in the Emergency Room.

In 2000, there were so few cases of syphilis, it was thought that the disease had almost been eliminated. By 2017, according to state data, San Joaquin County's incident rate was up to 50.9 syphilis cases per 100,000 people, which ranks second highest in the state, only behind San Francisco.

Primary and Secondary Syphilis Incidence Rates in San Joaquin County

Year	Cases per 100,000 residents
2013	10.3
2014	12.0
2015	17.9
2016	36.0
2017	50.9

When disease is detected, a patient navigator provides education, links the patient to follow up appointments, coordinates transportation to and from medical appointments when necessary, and offers appointment reminder calls. When the FOCUS project went live with Syphilis testing in the ER, 22 cases were detected in the first week.

Thank you, Sister Katherine

After a 16 year career with St. Joseph's Community Health Department, Sister Katherine Hamilton, O.P. has retired.

Despite retirement, Sister Katherine proudly represents the Dominican Sisters of San Rafael in many roles at St. Joseph's and in the community, including as a volunteer board member at St. Joseph's Foundation of San Joaquin. Sister Katherine remains committed to serving and advocating for the poor and disenfranchised.



"As a representative of the Dominican Sisters of San Rafael, it has been a privilege to serve St. Joseph's and the Stockton community. I am honored to be part of the long lineage of sisters before me who, like Dignity Health, are committed to making the healing presence of God known in our world."

The garden that could

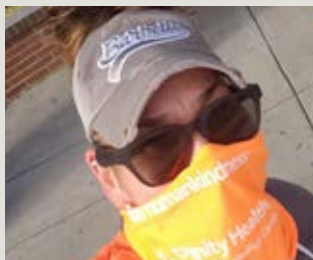
With an eye toward supporting the fight against hunger, a forgotten plot of soil evolved into a secret garden of dreams in 2012. On a formerly unused piece of property, located behind St. Joseph's Behavioral Health Center, the Earth is giving back to the community one garden bed and fruit tree at a time.

The mission of the Jerry Roek Memorial Garden is to have year-round produce available to help fight the epidemic against hunger. Volunteers harvest and deliver thousands of pounds of fresh fruit and vegetables each year to St. Mary's Dining Room.

Through the garden and its loyal volunteers, the homeless and the underserved are given a chance to participate in healthy, fresh food choices. The garden produces peppers, tomatoes, zucchini, onions, garlic, squashes, celery, beets, broccoli, chard and kale, and over 20 varieties of fruit trees.

"The Dominican Sisters and St. Joseph's have a long history with St. Mary's. Our missions are aligned. So I'm

comfortable with our little part in this garden - to assist a vulnerable population to better health and better eating." Sister Abby Newton, OP, who came up with the idea of establishing a community garden.



We kicked off the New Year with our 13th annual Fun Run/Walk for Wellness, presented by Pacific Homecare Services. Since we couldn't gather in person, participants were invited to walk or run from anywhere - their neighborhood, their favorite park, and even on their treadmill. Prizes were awarded to the top individual fundraiser, best celebration photo, most scenic race route, best decorated race bib, best dressed pet, largest team, and more!

The event raised \$58,289 for St. Joseph's Cancer Institute. All proceeds stay local to help provide the best in cancer care and treatment for our community.

Make plans to attend our January 2022 event. Register at: StJosephsCares.org/FunRun

FUN RUN 2021



PRESENTED BY Pacific
HomeCare
Services



Giving Society welcomes looked different this past year - but our gratitude is just as great!

Every two years, the Foundation hosts a reception to honor and welcome new O'Connor Society and Heritage Circle members. Since we weren't able to gather in person this year, we hosted a virtual event to honor the tradition. To add to the fun, we invited guests to join us for a pre-event "drive through" to pick up their event program, recognition items, a charcuterie box from The Delicious Boards, and a bottle of wine courtesy of Ledbetter Family Vineyards. The virtual event was a success and more than 50 donors zoomed into the evening's celebration.

The O'Connor Society, honoring the legacy of our Founder, Father William O'Connor, recognizes cumulative gifts or pledges of \$10,000 or more. Heritage Circle, a designation within the O'Connor Society, honors grateful patients, staff and donors who provide a bequest in their will or another type of planned gift to support St. Joseph's.

These giving societies allow us to recognize and show our deepest gratitude to donors who have distinguished themselves by their ongoing generosity. Learn more at StJosephsCares.org/Legacy

Gift provides mindfulness and resilience training

As a family medicine physician, Dr. Raghunath Reddy and his wife, Pallavi knew the healthcare providers on the front line of COVID were feeling overwhelmed. With the continuing pandemic, they wanted to help by making a gift to St. Joseph's Foundation in support of mindfulness and resilience training as well as the creation of environments where staff can retreat for a few moments of calmness and quiet.



The gift enabled numerous health-care providers to be trained in HeartMath Resilience, increasing their capacity to prepare for, recover from, and adapt in the face of stress, challenge and adversity. "HeartMath's research-based training gives you the tools to plug energy leaks. Knowing where your energy leaks are, and plugging them, is very important to building and sustaining resilience," shared HeartMath trainer and director of pediatric services at St. Joseph's, Dr. Marshall Blue. The training focuses on two quick steps that can be practiced anywhere with heart-focused breathing.

Nursing leadership have also planned a series of Fireside Chats - a safe place to gather and share experiences and emotions while navigating these unprecedented times. Each session offers counselors who facilitate discussions and stretching and relaxation techniques are taught for use when staff find a few minutes in their day to recharge.

Massage chairs have also been placed throughout staff lounges offering a brief respite from the stresses of caring for critically ill patients.

With the generosity of the Reddy's and others, St. Joseph's continues to seek programs and opportunities that support the mental health of frontline staff ensuring they are supported today and everyday going forward.



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INFORMATION
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StJosephsCares.org/Foundation

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