

# Gratitude for impact.

2022-2023 Annual Impact Report



## About us

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St. Joseph's Foundation of San Joaquin is a nonprofit 501(c)(3) organization whose purpose is to raise and administer philanthropic funds to support the needs of St. Joseph's Medical Center and St. Joseph's Behavioral Health Center. Together with our Board of Directors, physicians, grateful patients and other community leaders, the foundation works to encourage public interest and support of St. Joseph's and our many worthy programs, services and outreach activities consistent with our values and goals.

## Our Mission

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As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

## Our Vision

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A healthier future for all - inspired by faith, driven by innovation and powered by our humanity.

## 2022-2023 Board of Directors

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### Donald J. Wiley

President & CEO  
St. Joseph's Medical Center

### Patrick Velasquez

Director/Corporate Secretary  
Chase Chevrolet

### Mark Rishwain, Esq.

Attorney at Law  
Rishwain & Rishwain

### Anthony Bott

First Vice President  
Morgan Stanley

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Chief Financial Officer  
St. Joseph's Medical Center

### James Acosta, CPA

Senior Manager  
Iacopi, Lenz & Company

### Christine Heffernan

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Heffernan Home Care

### Suzanne Ledbetter

Food & Wine Editor/Blogger  
San Joaquin Magazine

### Sue Shalvey

National Director of Special Education Aspire  
Public Schools (Retired)

### Sister Abby Newton, O.P.

Vice President of Mission Integration  
St. Joseph's Medical Center

### Sister Katherine Hamilton, O.P.

Representative  
Dominican Sisters of San Rafael

### Denise Suen

Lab & Quality Services Representative  
St. Joseph's Medical Center

### Cindy Wong

Laboratory Scientist  
(Retired)

### Annette Stephens

Educator  
(Retired)

### Jamie Spaulding

Teacher and Special Education Program Administrator (Retired)

### Balraj Singh

Office Manager  
Jagjit Singh MD, Inc.

### Pallavi Reddy

Health Advocate

### Dave Silva

Owner  
Silva Trucking

Front Cover: Philanthropists Dr. Henry & Sylvia Wong, with Dr. Gauravjit Singh, Radiation Oncologist at St. Joseph's Cancer Institute, with new TrueBeam Linear Accelerator.

Back Cover: Stockton Bingo at Winners presented St. Joseph's Cancer Institute with a check to support patients battling cancer.

# A message from our leadership



**Donald J. Wiley**

President & Chief Executive Officer  
St. Joseph's Medical Center



**Julie Eckardt-Cantrall**

Vice President & Chief Philanthropy Officer  
St. Joseph's Foundation of San Joaquin

As we look forward to the opportunities that lie ahead, it is appropriate to stop and to celebrate all that we've accomplished together over the last twelve months. St. Joseph's Foundation of San Joaquin's annual report to the community is our moment to pause, to acknowledge your generous support and to share with you all that it - and you - has made possible.

At St. Joseph's Medical Center, our leadership, physicians and staff understand philanthropy's important role in maintaining our hospital's high standard of care today and in advancing innovative new ways to treat our patients tomorrow. Inspired and grateful giving fuels cutting-edge programs, makes state-of-the-art facilities possible and provides for the essential tools and technology our clinicians need to best care for our community.

Our accomplishments this year are exceedingly impressive. More than 1,500 donors contributed over \$5 million to advance our mission and increase access to quality health care for all. In fiscal year 2023, this generous donor support provided a new TrueBeam Linear Accelerator for St. Joseph's Cancer Institute, grew St. Joseph's Graduate Medical Education, added bedside ultrasounds across the hospital and so much more.

As you read the inspirational stories of gratitude in the coming pages, remember that it is your humankindness and generosity that make St. Joseph's Medical Center's exceptional care possible. The practice of medicine is ever-advancing. Our work is not done. Together, we will continue to make a difference within each of our care departments and actively impact the lives of each patient served.

We are grateful for your trust, your partnership and your support. We are thankful to you.

With gratitude,

A handwritten signature in black ink that reads "Donald J. Wiley".

**Donald J. Wiley**

President & Chief Executive Officer

A handwritten signature in black ink that reads "Julie Eckardt-Cantrall".

**Julie Eckardt-Cantrall**

Vice President & Chief Philanthropy Officer





The American Desi Society are O'Connor Society Members, annually donating to St. Joseph's Foundation of San Joaquin, including care packages for cancer patients at St. Joseph's Cancer Institute.

# Giving by the numbers

## Total dollars raised

This year, our donors came together to realize the power of generosity and gratitude in our community. The results have been inspiring.



\$5,010,000	2023
\$5,463,000	2022
\$7,362,000	2021
\$3,472,000	2020
\$2,358,000	2019

## Transfers to hospital

Transfers made by the St. Joseph's Foundation of San Joaquin to St. Joseph's Medical Center show collaboration as funds are transferred only after the obligations of donor intent has been met.

Many of our grants are structured in such a way that funds go directly to the hospital, and are not represented in these numbers.



\$4,527,000	2023
\$3,195,000	2022
\$2,694,000	2021
\$3,020,000	2020
\$1,845,000	2019

## Total donors

Donors bolster innovation, bring together our community and serve the vulnerable. Together we accomplish what none of us could do alone.



1,589	2023
1,619	2022
1,715	2021
2,064	2020
2,030	2019

# St. Joseph's by the numbers



## Hospital

- 124** years serving the community
- 355** hospital beds
- 101,000** Emergency Department visits
- 6,700** procedures & surgeries performed
- 3,300** babies delivered



## Community Benefits

- \$67m +** in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services and other community benefits
- \$641k +** in annual grant awards to non-profit organizations addressing community health needs
- \$370k +** awarded in healthcare scholarships to 312 students since 2005



## Our People

- 2,800** employees
- 161** resident physicians
- 700** physicians



## Foundation

- \$5m +** total amount raised
- \$4m +** transferred to medical center
- 1,589** donors





## Volunteers

- 153** active volunteers

# Your support at work

In fiscal year 2023, these are the top ten areas that were funded through donations made to the foundation. One hundred percent of donations raised by St. Joseph's Foundation of San Joaquin stay local and go directly to support the needs of the medical center.

<div>Graduate Medical Education</div> <div></div> <div>\$2.2 M</div>	<div>Heart &amp; Vascular</div> <div></div> <div>\$63K</div>	<div>Women &amp; Children</div> <div></div> <div>\$835K</div>	<div>Cancer Institute</div> <div></div> <div>\$766K</div>
<div>Community Health</div> <div></div> <div>\$730K</div>	<div>Capital</div> <div></div> <div>\$608K</div>	<div>SPIRIT Club</div> <div></div> <div>\$59K</div>	<div>General Education</div> <div></div> <div>\$14K</div>
<div>Bedside Ultrasounds</div> <div></div> <div>\$61K</div>	<div>Emergency Department</div> <div></div> <div>\$61K</div>	<div>Together we heal.</div>	

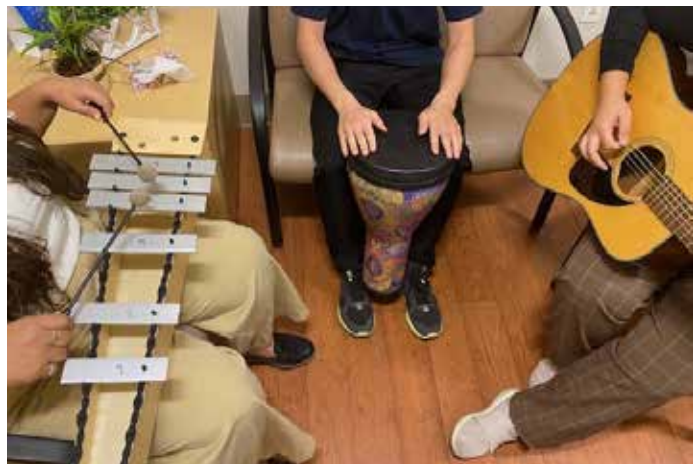
# Your kindness in action

## Healing Through Music

If you were to walk into St. Joseph's Behavioral Health Center, you may hear rhythmic beating on drums, possibly strums of a guitar and singing, or you might see a group discussion on lyrics from music they just listened to. Any of these (or a combination of all) can be used as a music intervention to help patients at St. Joseph's learn to identify, understand and express feelings and emotions.

At our Behavioral Health Center, music therapy is held for in-patient and out-patient groups. "In music therapy, we use music to support individuals' mood regulation, provide opportunities for people to express themselves, to feel supported and practice strategies for using music as a coping mechanism," said Casie Little, Coordinator of Music Therapy and Experiential Learning at St. Joseph's Medical Center and St. Joseph's Behavioral Health Center. Casie has been an instrumental part of the Music Therapy program at St. Joseph's since 2020. This collaboration between University of the Pacific's Music Therapy Program and St. Joseph's is an important modality of treatment for patients at the Medical Center and Behavioral Health Center, which is fully funded by St. Joseph's Foundation of San Joaquin.

The sessions provide multiple approaches to music. Through use of songwriting, listening to music, creating music and discussion about music and lyrics, patients find tremendous benefits from the Music Therapy Program. One patient said, "Music is powerful and can help with stress. Music takes me to new places mentally and helps me to relax and feel normal."



Three of the instruments recently purchased by St. Joseph's Foundation for the Music Therapy Program.

This year, in addition to funding the program's operating expenses, St. Joseph's Foundation funded the purchase of new instruments, including a variety of drums, a keyboard, ukulele, guitar and assorted hand-held percussion instruments which were added to the program. These instruments introduce and broaden the patient's ability to express themselves musically.

"Music in general can bring comfort to many people and often using music as a tool can be helpful in managing symptoms that folks are struggling with," said Casie. "The instruments donated through the Foundation increase access to Music Therapy. It's incredibly rewarding to watch patients begin to open up, move to a place of comfort and support one another while also making music together."

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## St. Joseph's Behavioral Health Center

St. Joseph's Behavioral Health Center offers a 35-bed inpatient hospital, day treatment, and outpatient services. They are a not-for-profit facility, providing behavioral health services for psychiatric and chemical dependency disorders.

To learn how one patient struggling with chemical dependency found hope and freedom from her treatment, scan the QR Code.





# A legacy of giving



Chris Frey and her daughter and son-in-law, Benny & Shelley Dini.

Chris Frey's husband, John, was treated at St. Joseph's Cancer Institute in 1976 after a diagnosis of lymphoma. He underwent radiation and chemotherapy treatments. During his time at St. Joseph's Cancer Institute as a patient and volunteer, John and Chris were struck by the number of patients who were struggling financially. "Cancer messes with your mind, your body and your soul, and it can cause a financial burden," said Chris.

John and Chris spoke with St. Joseph's Foundation of San Joaquin to learn how they could create a fund to provide short-term economic support to cancer patients who had financial burdens standing in the way of their treatment and recovery. John passed away in January of 2021. However, the Frey Family continues to provide funding to help cancer patients and their families at St. Joseph's Cancer Institute.

To learn more about the Frey Family Fund and hear Chris' story, scan the QR Code.



## A Career of Giving



Martha Bautista started with St. Joseph's Medical Center 16 years ago as a staff nurse in the float pool. Through the years, Martha saw first-hand how funds raised through St. Joseph's Foundation of San Joaquin impacted the hospital through better equipment in the units she worked in - improving the lives of both the patients and staff. This inspired her to give back to St. Joseph's through employee giving.

"I realized early on that I could give as little or as much as I could afford, but it makes a huge impact over time."

Today, Martha serves as the Director of the Intensive Care Units at St. Joseph's. Through service and contributions, she continues to invest, "I see the value of what St. Joseph's Foundation of San Joaquin does for the community we serve."

# Life-saving technology - at the bedside

If you find yourself in a room with Dr. Omar Amr, Emergency Department Physician, you will be drawn to his enthusiasm for helping the under-served population in our community. With roots in east LA, Dr. Amr was familiar with the healthcare needs of the underserved. It is what drew him into medicine and to the San Joaquin Valley.

Dr. Amr was attracted to St. Joseph's Medical Center because of the hospital's energetic and rapidly expanding interest in using ultrasound technology as a regular modality of diagnosis. At a recent event, he shared a vision for the day when bedside ultrasound units become as common as a stethoscope to physicians.

While a standard stethoscope costs less than \$150, the bedside ultrasound is a diagnostic tool that comes with a \$12,000 investment. In addition to being deployed across the hospital, the bedside ultrasound units are part of the hands-on training resident physicians receive from the St. Joseph's Graduate Medical Education program. They are able to obtain immediate information, improve patient safety, decrease diagnostic testing and enable faster and more accurate diagnosis. In addition to his role as a physician in the Emergency Department, Dr. Amr serves as a GME Ultrasound Director and as the Clinical Emergency Department Ultrasound Director. Many of the bedside ultrasounds in the hospital and GME's Simulation Laboratory have been funded through philanthropic investment.

The ultrasound fellowship, led by Dr. Amr, gives hands-on experience to new residents in critical care environments. During their intern year, residents participate in a one-month ultrasound rotation in which they complete scanning shifts with ultrasound faculty, attend formal ultrasound specific didactics, participate in quality assurance and image review, receive training in procedural guidance, solidify fundamentals and begin to shift focus to ultrasound guided resuscitation. The bedside ultrasounds are used as a standard of care for several invasive procedures such as central lines, paracentesis and thoracentesis.

Recently, several philanthropic investors came together through St. Joseph's Foundation to fund seven more units added to St. Joseph's Medical Center.

"We are able to provide such incredible care for our pediatric and adult population. We're doing things here that are way ahead of what most diagnostic facilities are doing," said Dr. Amr.

Bedside ultrasounds demonstrate one more way that St. Joseph's Medical Center is planning innovation and growth for our physicians and premiere healthcare for our patients.



Dr. Amr demonstrating the remarkable technology and ease-of-use of bedside ultrasounds with Dr. Cheryl Heaney-Ordez, Director of Emergency Services.

# St. Joseph's newest offering in Graduate Medical Education

## Orthopaedic Surgery Residency Program

For the 2023-2024 program year, St. Joseph's Graduate Medical Education program (GME) is hosting 161 resident physicians in 10 different programs. Growing GME at St. Joseph's is part of the vision to better serve our community. It improves quality and access to healthcare, recruits highly-skilled physicians to teach and drive innovation and it attracts quality resident physicians who are more likely to grow roots in Stockton.

The Orthopaedic Residency Program was added to St. Joseph's GME in 2023 to address the growing need for orthopaedic services in San Joaquin Valley.

**According to a recent study, San Joaquin faces a shortage of 8.3 orthopaedic surgeons in 2023 and will face a shortage of 16.8 by 2026 (3d Health, Inc.).**

Dr. Jaicharan Iyengar, Orthopaedic Residency Program Director, said "the biggest challenge for our community is the lack of physicians - particularly specialists - to serve the growing needs of San Joaquin County. Growing our physicians is the only sustainable solution to this problem."

St. Joseph's Orthopaedic Residency Program educates through scholarly activity (clinical research, publications and

presentations), simulated scenarios through St. Joseph's state-of-the-art Simulation Laboratory, surgical skills acquired through hands-on training with supervising surgeons and anatomy/cadaver labs.

In order to develop the Orthopaedic Residency Program, its tools and resources need enhancements - to strike a balance between theoretical knowledge and hands-on experience and to turn our resident physicians into orthopaedic surgeons.

In expanding the Orthopaedic Surgery Residency program, philanthropic funds are supporting:

- Ortho simulation equipment to offer life-like surgical practice for resident physicians.
- Support for an Orthopaedic Surgery Research Associate who provides dedicated aid to residents in their scholarly activity.
- External Clinical Rotation opportunities in Oakland and Sacramento for invaluable training with complicated pediatric cases that residents would not have common exposure to at St. Joseph's.

The Foundation was instrumental in bringing specialty Simulation Laboratory equipment for the Orthopaedic Surgeon Residents and will continue to heavily support through private donors and grant funding for growing the Orthopaedic Surgery Residency Program.



Dr. Vivek Singh, first year orthopaedic surgery resident using an arthroscopy simulator funded through private donors.

To learn more about how St. Joseph's Foundation of San Joaquin is supporting the growth of Graduate Medical Education, scan the QR code.



# Pediatric Expansion



## Grow With Us

There is a rich history of support of care for children with St. Joseph's Foundation. Philanthropy supported a new maternity department at St. Joseph's in 1939, a Rheumatic Fever Ward in 1949, the expansion of the pediatric unit in 1956, a renovation of the pediatric unit in 1977 and pediatric-focused equipment funded by the Antone E. & Marie F. Raymus Foundation in 2022.

Thanks to a State of California Proposition 4 Grant investment and a Federal Community Program Funding Grant, St. Joseph's Medical Center is embarking on an expansion and renovation of the community's only licensed Pediatric Unit.

This investment in children of the greater San Joaquin county will increase the Pediatric Unit from approximately 4,000 sq ft to 9,000 sq ft, increasing the patient bed count from 10 beds to 18 beds. A new centralized telemetry system will provide remote, real-time vitals, allowing healthcare professionals to monitor the children. This increases child safety and decreases anxiety experienced with regular interruptions for physical monitoring. A dedicated treatment room will allow the child's room to be unassociated with invasive medical procedures.

"Our unit sees over 700 patients a year with increasingly complex, multi-modality treatment needs. Most of the patients' families don't have the luxury of time to travel out of the area for specialty services. Evidence for service expansion and capacity is growing at a rapid pace," said Dr. Cristina Funghi, Chief of Pediatrics at St. Joseph's Medical Center.

St. Joseph's is the only hospital in San Joaquin County that has Pediatric Hospitalists and Neonatologists available 24/7.

The interdisciplinary team consists of trained and certified pediatric staff in addition to urologic, psychiatric, nutritional, pediatric anesthesiology and orthopaedic specialists.

The state and federal grants, along with individual gifts for the telemetry system and pediatric playroom are funded through St. Joseph's Foundation.



# Remembering those we lost

## Gratitude for what they gave

During the nearly 125 years of St. Joseph's history and presence in our community, a significant number of community members joined in our mission, supporting it with their wisdom, insight and business acumen. They were simultaneously generous philanthropic donors. Two men in this community who more than met those qualifications passed away over the past few months. While their achievements and contributions to our local environment are extensive, our focus is their special attachment and service to the St. Joseph's organization.

**Bob (Robert) V. Kavanaugh** served St. Joseph's as a member of the Foundation Board and, together with his wife Janet, co-chaired the Miracles Happen capital campaign that led to the construction of St. Joseph's Patient Pavilion.

Bob also served on several committees of the St. Joseph's Boards of Directors but his primary focus was the hospital's Community Health Advisory Committee, where he used his place at the table to advocate for the vulnerable and underserved. He had a unique balance of praise for both positive results and faithfulness to the mission.

**Chris (Christopher) H. Engh** served on the Foundation Board and for 7 years as Chair of the Board. As a young attorney at Neumiller & Beardslee under the mentorship of Tom Shephard (former Chair of the St. Joseph's Board), Chris quickly increased his knowledge and involvement in the St. Joseph's organization and was known for his attention to the smallest detail. He was especially focused on the balance of funds in the "Sister Mary Gabriel Scholarship Fund" to ensure that the education it supported was available to all worthy recipients within the organization. Chris finished his career at Kroloff, Belcher, Smart, Perry & Christopherson.





# Community Philanthropy Awards

## Recognition for volunteerism and fundraising

On April 27, 2023, Lisa Corren & Annette Stephens won Outstanding Volunteer Fundraisers at the Community Philanthropy Summit for their instrumental work with St. Joseph's Foundation's Fun Run. Both Lisa and Annette were vital to the success of the event - recruiting volunteers, donors and participants. Because of Lisa and Annette's leadership, inspiration and countless hours in planning, the Fun Run raised over \$95,000, over \$25,000 more than the previous year.

Lisa Corren and Annette Stephens label themselves as "double trouble", joking that when they are together, people run away because they know they are about to be asked for support. Together, they inspire individuals and community partners to view giving as an honor.

Lisa started volunteering with St. Joseph's Foundation's Fun Run in 2015 after a friend who worked at the hospital encouraged her to volunteer. Lisa said, "I was drawn to the culture of St. Joseph's Foundation because it was collaborative, fun and highly effective at fundraising." Early in the pandemic, Lisa pulled Annette into joining her - both leading the Fun Run with passion and gratitude.

St. Joseph's Foundation of San Joaquin is proud of their recognition at the Community Philanthropy Summit and grateful for their dedication to making the annual Fun Run/Walk for Wellness a success.



Julie Eckardt-Cantrall, Annette Stephens, Suzanne Ledbetter and Lisa Corren at the 2023 Community Philanthropy Summit.

To Learn More about  
the 2024 Fun Run,  
click on the QR  
Code.



# Honoring a loved one



These class participants knew Lynn, and are so grateful for the Lynn W. Cook Cancer Exercise Program.

## Lynn W. Cook Cancer Exercise Program

Cancer is a battle for the body and mind, and physical fitness is critical in fighting both battles. It was important to Lynn Cook to prioritize her physical fitness as she battled cancer. As an avid golfer who enjoyed many physical activities, she knew that fitness was more important than ever. The exercise classes offered to St. Joseph's Cancer Institute patients allowed Lynn not only to exercise safely, but also to connect with other cancer patients. The comradery and united fight kept the group strong mentally and physically.

Lynn sadly passed away in 2016, but her husband, Bill, kept her legacy alive by starting the Lynn W. Cook Cancer Exercise Program. The program offers all exercise classes for free to any patient of St. Joseph's Cancer Institute. With nearly 1,000 classes completed, many lives have been impacted by Lynn's legacy. "I could tell a big difference in Lynn when she was going to class. She felt better and really enjoyed connecting with the other class members," said Bill. "Cancer is so debilitating and difficult to fight. But the program allows the patients to be more proactive in the fight against cancer".

Twice a week each participant is evaluated pre and post workout to ensure a safe and personalized fitness program. The classes are designed to increase strength and improve endurance and flexibility. A qualified cancer exercise trainer

closely monitors each participant - checking vitals, adjusting equipment and correcting form and function.

In 2023, the program expanded to offer nutritional services as an additional offering to cancer patients. This new service provides a Cancer Certified Registered Dietitian Nutritionist to deliver individual support through the Lynn W. Cook Cancer Exercise Program.

Bill Cook wanted to make a lasting impact on the fight against cancer in Lynn's honor. Their gift will continue to support cancer patients for years to come. "I hope that all patients will be able to feel a sense of dignity from increased control over their bodies and minds and their future with cancer. Exercise makes a person feel good, but this effect is magnified for someone who is suffering the effects of cancer."

Over 200 patients to date have participated in the Lynn W. Cook Cancer Exercise Program, and thanks to Lynn and Bill's contributions, hundreds more will feel the power of exercise in their fight with cancer.



# St. Joseph's Foundation of San Joaquin®

A Dignity Health Member

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# Thank you!

